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As we come to the end of the year it is natural to look back over what has happened over the past twelve months and make plans on how we are going to make the New Year even better. These plans often include changes in our actions and behaviors. Change is hard. In a season where there is a tendency to focus on making changes we need to be reminded that while **making superficial changes in our life can be hard, REAL change is offered to us as a gift.**

1. Superficial change is hard because we don't want to _____

Real change in our lives starts with _____.

2. Superficial change is hard because we lack a _____.

Real change happens when we have _____ in the assurances from God.

3. All change is hard when you try to do it on _____.

This is why we need to be in _____, this is why we need the _____.